

Bulletin national association of Taekwon-Do ITF



Czech National Taekwon-Do Union ITF



National team in Budapest

www.taekwondocz.com

NA for ITF & AETF in Czech Republic



National seminar 2014



On the 20th of December 2014, in a small Central Bohemian town Strančice (near capital Prague), there was organized a national seminar ČNUT led by the world legend - master Jerzy Jedut, VII. Dan (general secretary, a member of AETF Technical committee and coach of the Polish national team).

A great place for this event was kindly provided by local elementary school Strančice, that's why we would like to thank this way to Mgr. Kateřina Schejbalová, school director and other supporters for their help during the day and well prepared training hall.

Our thanks belongs also to the partner of this event – company Hayashi, representing the TOP TEN brand in Czech Republic and delivering also other martial art and self-defense products.

A huge appreciation belongs also to Berchtold castle management, that helped with accommodation for our guest and provided a great conference hall for follow up meetings, incl. refreshment.

The seminar hosted in total 40 participants (particularly trainers) from the Czech National Union of Taekwon-Do and Czech Taekwon-Do Association. However, attended also Taekwon-Do schools Tong-Il České Budějovice, Sonkal Prague, Ge-Baek Mladá Boleslav, Strančice, Benátky nad Jizerou, Příbram, Sparring Kunice, Velké Popovice and Čerčany.

The seminar began with a short intro, followed by non-traditional heating and stretching exercises, immediately catching all participating trainers.

After a proper heating, the rest of the morning was devoted to patterns from Chon-Ji to Choong-Moo, together with basic techniques from these tulls.



National seminar 2014



The afternoon part of the day started with several games for body heating again, followed by less conventional practices of sport techniques and then continued the technical block of patterns for two separated groups of colorful and black belts. At the end of the seminar there were shortly refreshed possible ways of turnings and overall stepping.

At the end of the valuable day Master Jedut received a present – small plush toy “Moll in dobok” and gingerbread ČNUT from close production of cakes in Mnichovice.





National seminar 2014



The latest part of the seminar was planned for Dan grading. Master provided a short time to warm up and inaugurated a nine contestants for black belt degrees. Dan grading lasted nearly three hours, what indicates how demanding the examination was for all participants. Finally, all candidates successfully passed and we warmly congratulate on their promotion hereby.

After the exams has left only to say "thank you" to all attendees for participation and to organizers for their caring treatment. Representatives of ČNUTschools were finally invited to a gala dinner with master Jedut, where all could discuss learnings and share feelings from the day.

Topics like long term vision of ČNUT and next training strategy were covered also and timing for next seminar has been preliminarily scheduled to Q2-3 2015, exact date to be specified soon.

For January there is also scheduled a regional seminar, where the main new learnings are supposed to be applied to work of the regions and schools.

For the first time this year, together with this event there's planned also a joint training of wider representation and will commence a preparation for the World Cup, which takes place in May 2015 in Jesolo, Italy.



Kup grading in CzNTU



At the end of year 2014, International Instructors of CzNTU were in hurry to do KUP grading in schools and clubs of CzNTU.

After a period when students were hardworking on their Taekwon-Do knowledge and skills, almost one hundred of students asked the Technical committee of CzNTU (via their trainers) for grading.

The grading was on high quality level. This is the sign of their high-standard preparation. As well it is a certificate for their teachers and trainers, who did great work during preparation of new young generation.

Our biggest reward was a joy in childrens faces, when they showed their new certificates and new colour belts to their parents and brothers – they were very pride on it.

Next grading is scheduled at the end of season – June 2015.



New project of CzNTU Competitions for competitors-beginners



In November and December 2014 were held some competitions for competitors-beginners. While older experienced competitors collect medalls and experiences in national competitions, young and beginners are sometimes afraid of entering to tatami and do sparrings. It is nothing strange that parents are more afraid than young competitors and they do not want to allow children to participate on competitions. In Czech Republic 70 % of students do not participate on competitions. To solve this situation CzNTU ran a new project, which should help to introduce these children and parents to the world of competitions.

Within this project, we would like to hold some competitions, where children and parents will be informed about rules of sparring and they will see practical demonstration of real competition course. We hope that we get many new competitors.





Cup of the Taekwon-Do school Ge-Baek



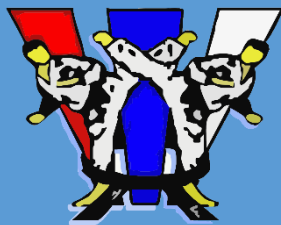
Attendance at Cup of the Taekwon-Do school Ge-Baek Mladá Boleslav
The tournament was held in awesome sporthall in Bělá pod Bezdězem on 13th December 2014.

The tournament had very high level of quality of competitors and of organization too. Our competitors did not have anything for free. After hard contests they earned three gold, four silver and nine bronze medals.

Before the start of afternoon part of competition, some students of Ge-Baek Taekwon-Do school together with their instructor showed exhibition which was consisted of very nice and real selfdefence and all of the usual parts of competition – tulls, sparrings, special techniques, power test and pre-arangend sparrings.

We would like to thank organizations for invitation to very nice event and for a awesome day spent with Taekwon-Do.





Partnership with representative of TOP TEN brand in Czech Republic



CzNTU entered into partnership with company named Hayashi – supplier of the equipment of brand TOP TEN.

This company is the biggest local supplier of sport equipment for martial arts in Czech Republic.

The Hayashi company guarantee very good price level for purchase of sport equipment for authorized centres (schools and clubs) of CzNTU. Each member of our union can take advantage of this contract for purchase of sport equipment they need to study Taekwon-Do as doboks, belts, safety equipment etc.

The Czech National Taekwon-Do Union will present this partner during all events.

The first time, this partnership and the brand TOP TEN were presented during the National seminar of Czech Republic in December 2014.

The Hayashi company will be the general partner of Czech national team at the World Championship in Jesolo, Italy.



New address CzNTU Headquarters offices in Prague Czech republic



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